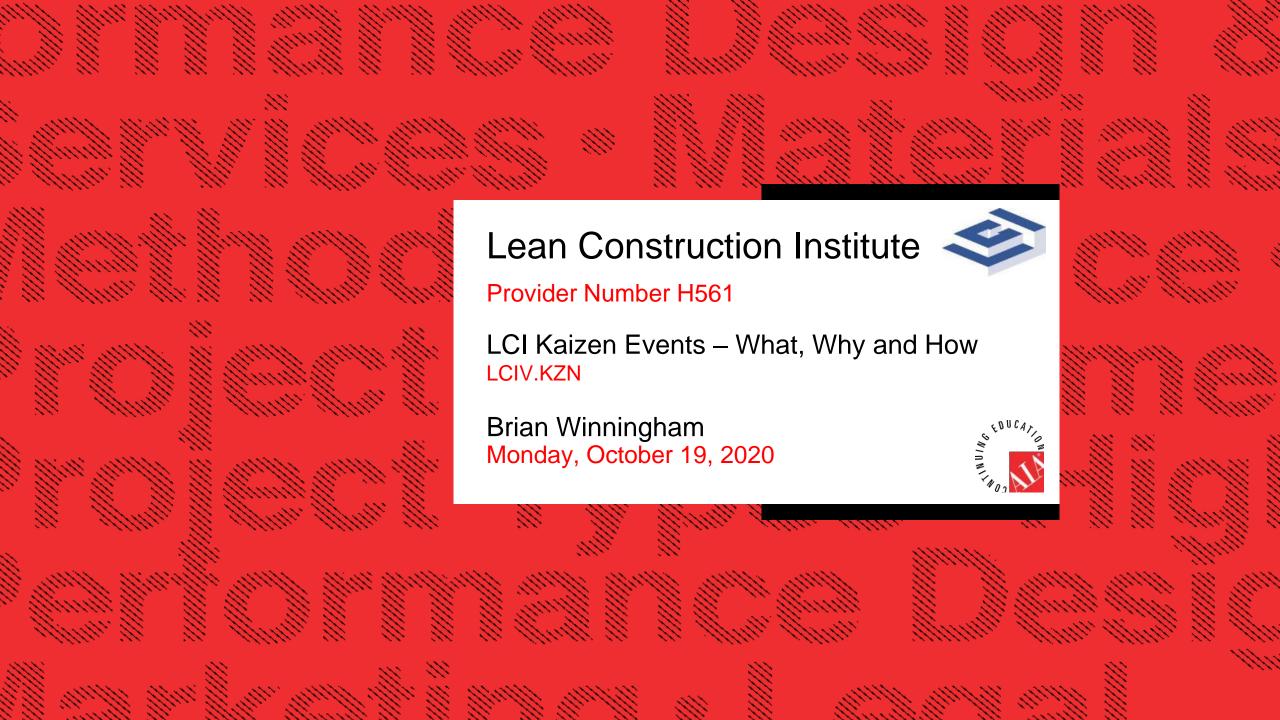


## Kaizen: What, Why and How Virtual Course

Brian Winningham, Field Driven Lean, LLC







**2 LU** Credit(s) earned on completion of this course will be reported to AIA CES for AIA members. Certificates of Completion for both AIA members and non-AIA members are available upon request.

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Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.



## Course Description

Kaizen means a change for the better. A Kaizen event is about taking the current state of a process or value stream, make it better and keep it that way...until the next improvement. The Kaizen Events course will help you to "put it all together" to improve flow efficiency for processes. In this course, you will gain an understanding to implement Lean principles, methods and tools to see waste in your current process and show to design and implement a sustainable improved process. This course is an important step on your Lean journey to mastering process improvement.

## Learning Objectives











01.

Understand the importance of incorporating Kaizen into daily team work to improve outcomes.

02.

Understand how Value Stream Mapping, the 8 Wastes and Continuous Improvement integrate into a Kaizen event. 03.

Discover key steps for conducting a Kaizen event or workshop with your team.

04.

Be able to engage with a team conducting a Kaizen event.



## Rules of Engagement



This is a safe zone



Everyone has equal status



Speak up and share your ideas



Actively listen to others



One conversation at a time



Use E.L.M.O.



Silence phones



Be focused and engaged



Stay on time



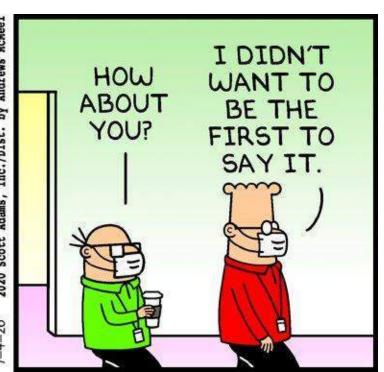
Have fun!

#### Ice Breaker









## Icebreaker – Impromptu Networking



We are going to complete 3 Rounds of Impromptu Networking (a Liberating Structure/ www.liberatingstructures.com) and each round will involve you introducing your self and answering one question in groups of 2. Everyone will be sent into Breakout rooms for these conversations. We will bring everyone back into the main room after 2 minutes and then send you directly back to a new breakout room to discuss questions 2 and 3.

#### Question 1

Right now in this moment, I am really grateful for...



## Icebreaker – Impromptu Networking



We are going to complete 3 Rounds of Impromptu Networking (a Liberating Structure/ www.liberatingstructures.com) and each round will involve you introducing your self and answering one question in groups of 2. Everyone will be sent into Breakout rooms for these conversations. We will bring everyone back into the main room after 2 minutes and then send you directly back to a new breakout room to discuss questions 2 and 3.

#### Question 2

Share a very short example of when you have used PDCA (Plan/Do/Check/Adjust) to address a project or problem?



## Icebreaker – Impromptu Networking



We are going to complete 3 Rounds of Impromptu Networking (a Liberating Structure/ www.liberatingstructures.com) and each round will involve you introducing your self and answering one question in groups of 2. Everyone will be sent into Breakout rooms for these conversations. We will bring everyone back into the main room after 2 minutes and then send you directly back to a new breakout room to discuss questions 2 and 3.

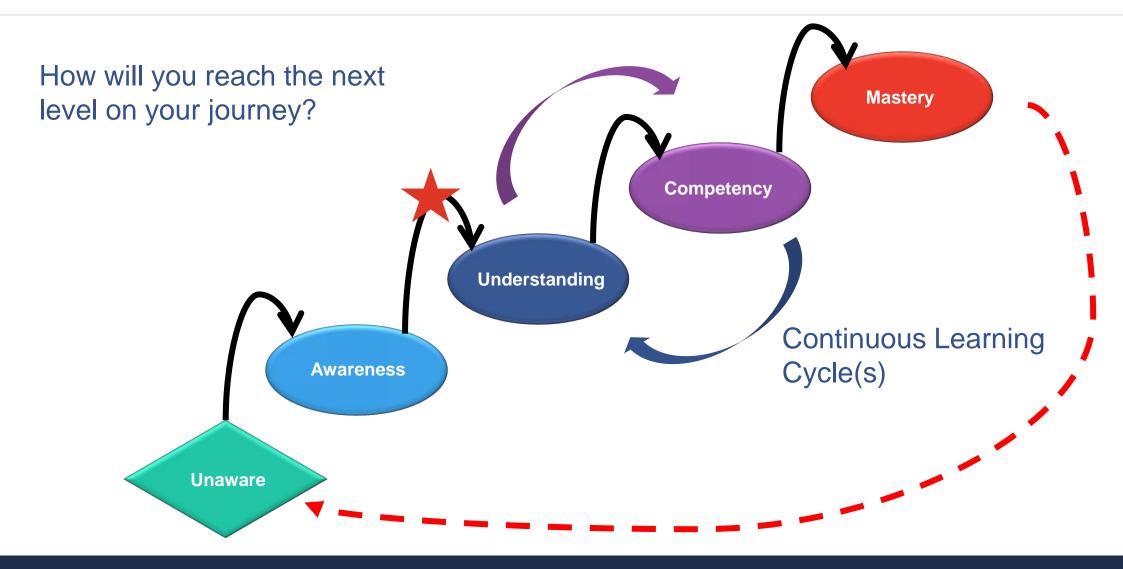
#### **Question 3**

What is something that consistently brings you joy?



## Lean Journey to Mastery





#### Six Tenets of Lean



- Respect for people
- 2 Optimize the Whole
- 3 Generate Value
- 4 Eliminate Waste
- 5 Focus on Flow
- 6 Continuous Improvement

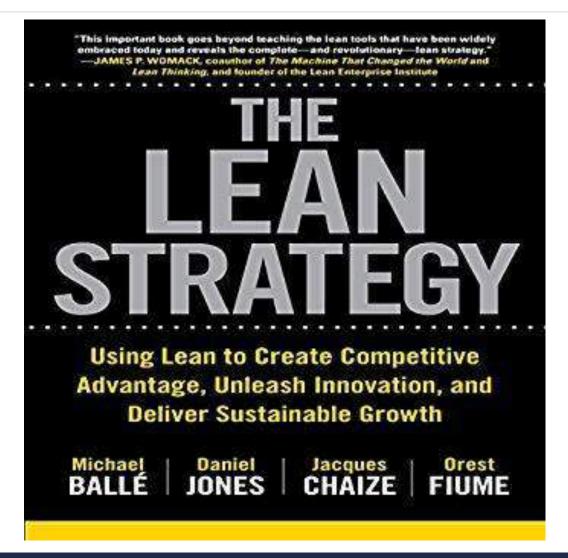


#### What: Kaizen





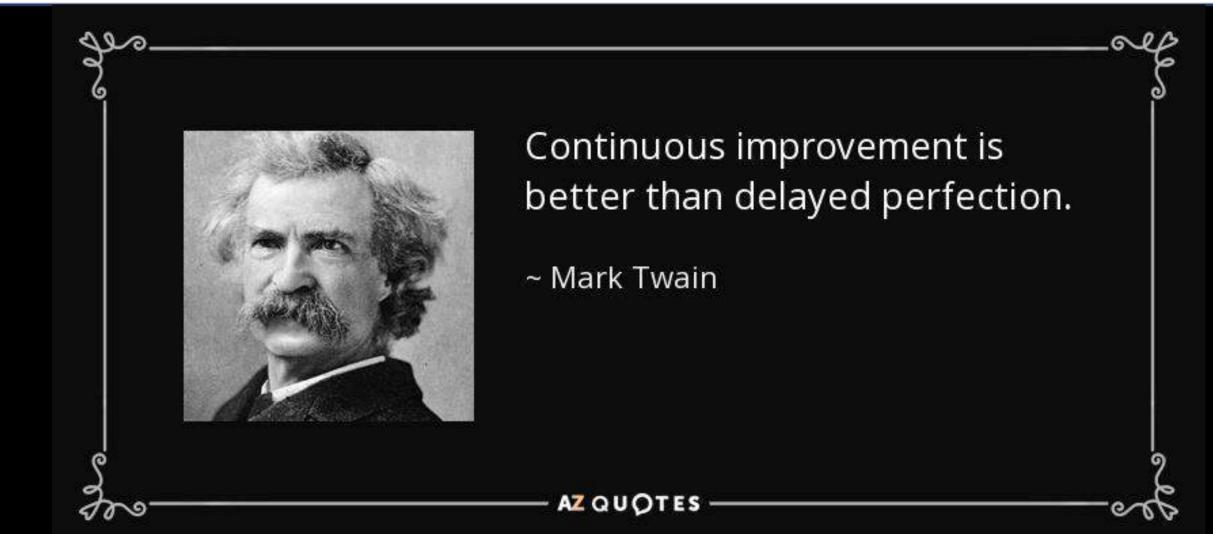
#### What: Kaizen



In the Toyota tradition, Kaizen comes in essentially two forms:

- (1) Problem solving to return a situation to standard
- (2) Studying a process to improve on the standard.

## What: History



### What: History





DIVERSITY

**ELIMINATE WASTE** 





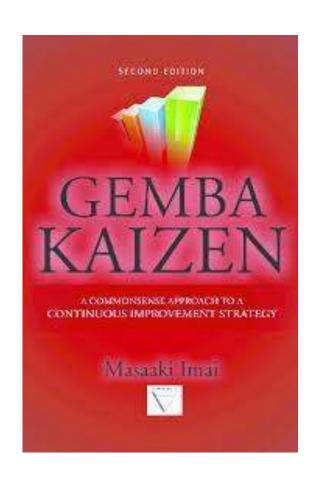
**COLLABORATION** 

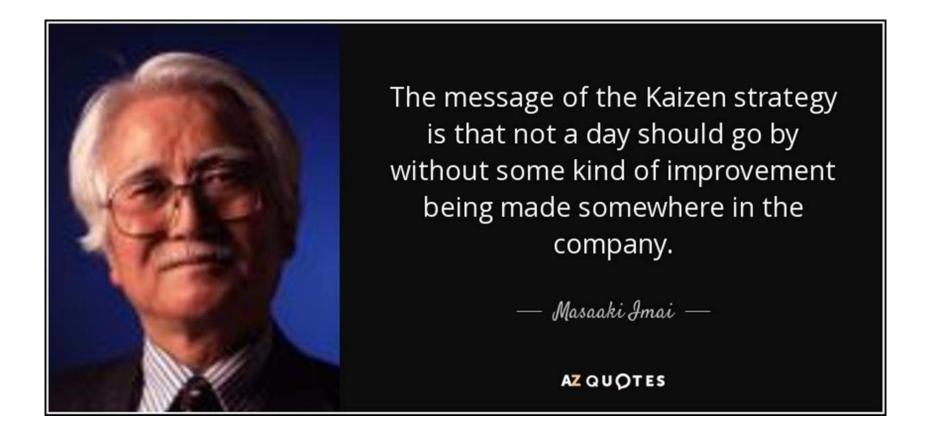
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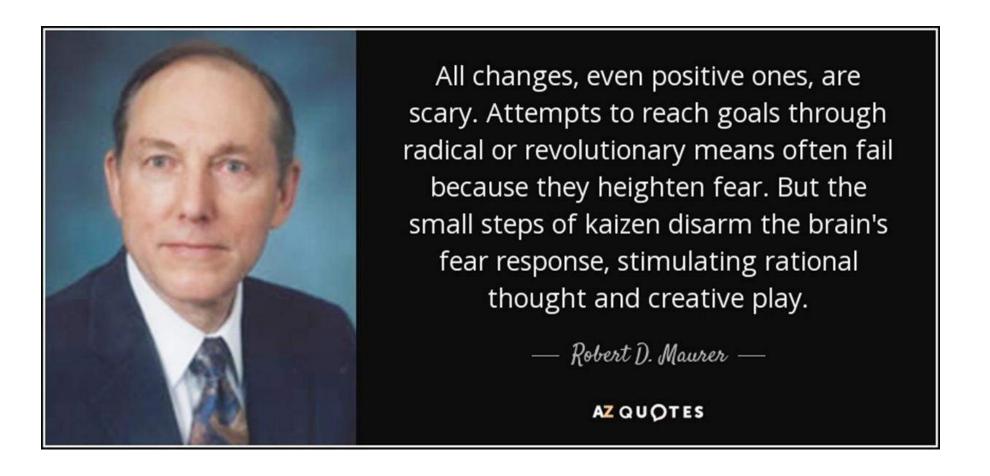
#### What: Learning

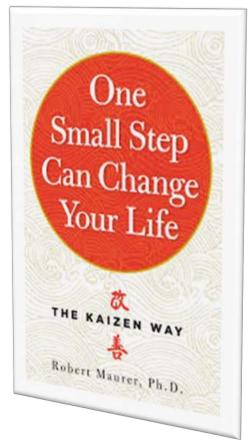




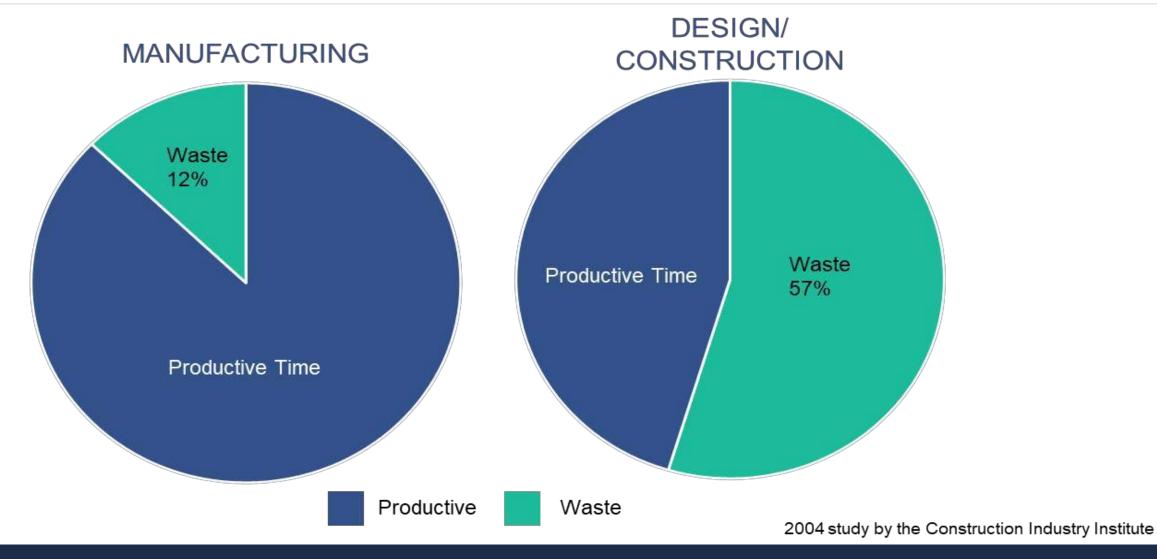


#### What: Considerations





## Why: The Opportunity...



## Why: Exploring the 8 Wastes





OR SHOULD I BE A MINDLESS ZOMBIE THAT SHUNS TEAMWORK AND NEVER SHOWS INITIATIVE?



## Why: Waste Defined

Waste is any activity that requires time or resources but does not create value as defined by the customer.

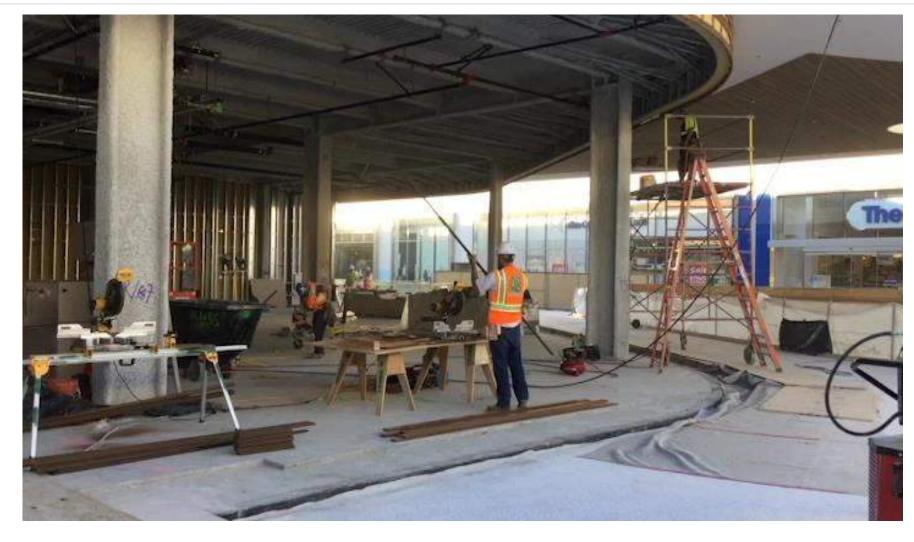
## Why: The Eight Wastes

- Over/Under Production
- **Waiting**
- Unnecessary Transportation
- Over Processing

- **Excess Inventory**
- Unnecessary Motion
- Defects
- Unused Creativity of Team
  Members
  (Not listening/Not speaking up)

## Why: Gemba Waste Walk

COURTESY OF KHS&S CONTRACTORS



## Why: Gemba Kaizen Improvements

COURTESY OF KHS&S CONTRACTORS



## How can you apply this tomorrow?

Identify the 8 Wastes as seen in the first video and their countermeasures shown in the second video.

# How do the countermeasures you saw in the 2<sup>nd</sup> video enhance Respect For People?

Small Group Discussion 5-6 People in Breakout Rooms

5 Minutes

Come back to Main Room and share Take-Aways in Zoom Chat.

## Take-Aways

```
15:37:07 From Brian Winningham: >>>>>>>>>>> How do the countermeasures you saw in the 2nd video
enhance Respect For People?
15:43:44 From Matt Snyder - RH White: Workers were far more productive and thus happier
15:43:44 From Matt Graetz : less motion
15:43:58 From Jake Snyder: eliminated safety hazards, which may not have been intended but definitely shows respect for
people
15:43:59 From Linsey Hunt: Motion waste was eliminated in second video (workstations moved to scaffold)
15:44:02 From Matthew Forman: Workers smiling
15:44:04 From Kellie Ricker: simpler is happier
15:44:05 From Hunter Stofan: everyone had a job to do and was not standing around
15:44:08 From Woody Belangia: The problem with people ducking under long lengths was eliminated
15:44:10 From David White: Less Motion, Better ergonomics in the work process steps,
15:44:13 From Jeffrey Hardin: less time was wasted
15:44:18 From thomas johnson: point of use materials, multiple operators on scaffolding
15:44:20 From David White: less inventory
15:44:47 From ashley colburn: Eliminating worker fatigue = safety hazards
15:46:08 From Jake Snyder: turn volume up?
15:46:38 From Daniela Preciado: I can't hear either
```

#### How: 3 Gens of Kaizen





Genba
"Actual Place"





Genbutsu "Actual Parts"



Genjitsu

"Actual Facts"

#### How: Gemba Kaizen





Kaizen in the kitchen? We'll show you how

## How can you apply this tomorrow?

# Note your take-aways from the Video and share how the Kaizen methodology is applicable in your daily life?

We ask that everyone open up Chat in Zoom and type in your thoughts and take-aways to the question(s). We will hold and all hit enter at the same time to experience a Chatterfall.

## Take-Aways

```
15:56:32 From Brian Winningham: >>>>>>>>>>> Note your take-aways from the Video and share
how the Kaizen methodology is applicable in your daily life?
15:56:51 From Matt Snyder - RH White: Involving the loading and unloading operators in the discussion.
15:56:55 From Jake Snyder: it's always good to try new ways of accomplishing something.
15:57:08 From Matthew Forman: All team members opinions should be valued and expected.
15:57:08 From Jeffrey Hardin: I often use macros in Excel to increase the speed of commonly repeated office tasks.
15:57:16 From Jake Snyder: engage young people in the improvement process... they bring fresh perspectives
15:57:16 From David White: With a little critical thinking, it saved time and movement
15:57:16 From Hunter Stofan: small improvements can drastically change the outcome over time for repeated processes
15:57:18 From Timothy Boulis: from laundry to moving grass there are always ways to improve have u=it be less motion
or ergonomics
15:57:22 From Linsey Hunt: Even though changes might be small, the time/motion adds up and takes up significant time
15:57:22 From Matt Snyder - RH White: Like the carpentry video, moving the materials closer to the work
15:57:23 From Woody Belangia: Established the baseline before making/measuring the improvement
15:57:40 From Kellie Ricker: improving hand-offs
15:57:44 From ashley colburn: Include the front line workers in the improvement = buy-in.
```

## 5 Minute Break



#### **How:** Kaizen Events:

- Are short duration projects with a specific aim for process improvement.
- Are typically 3-5 days led by a facilitator with defined roles for team members.
- Should include members from all stakeholder departments including management.
- Should be part of an overall program of continuous improvement if they are to be successful and for gains to be sustained.



% VA

100% % VA

23% % VA

# Lean Construction Institute Immersive Education Program

#### How: Kaizen Events: Pre-Work

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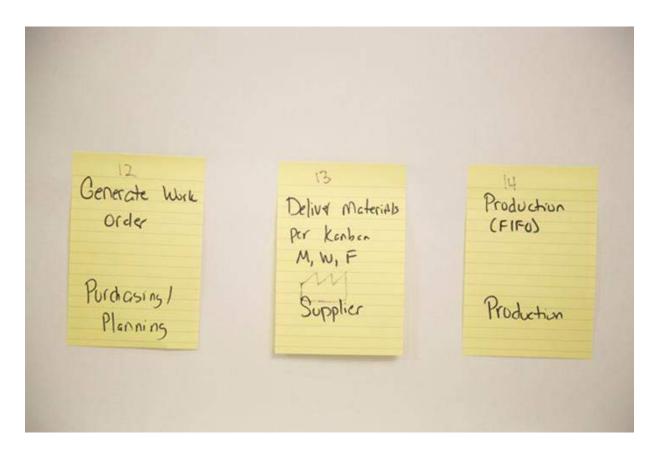


#### How: Kaizen Events: Pre-Work

СТ	Cycle Time		Total manual working time for one cycle of the process, including wait time. The sum of all cycle times is the total lead time.				
PT	Process Time		Actual touch time during cycle of work, including both "think time" and "touch time".				
VA	Value Added		Identify the amount of time in each process that would be considered "value added" in that the Owner would actually				
NVA	Non-Value Added		pay for it. We want to maximize any Value Added activities and minimize the Non-Value Added activities that we are unable to eliminate.				
%VA	Percent Value Added		VA= Positive Percentage NVA = Negative Percentage				

### How: Roadmap

- Choose a process that needs improvement
- 2. Value Stream Map the *current* process.
- 3. Map the *future state* of the process to understand what's possible.
- 4. Install *testing and measuring* in your new process.
- 5. Develop *Stop-the-Line* points to ensure quality of process.



### How: Roadmap

- 6. Map the *new* process with:
  - a. the waste removed
  - b. the non-value added processes minimized
  - c. Stop-the-Line features included to ensure quality
  - d. the agility to make future enhancements
- 7. Roll out the new process to all and continue to look for *improvements* and waste.



#### How: Planning

#### Roles and Responsibilities

- Executive Sponsor
- Team Leader
- Process Owner
- Team Members
- Workshop Facilitator/Coach

#### **DILBERT**









# I'M SO HUNGRY I CAN BARELY I'M SO HUNGRY DISTRACTED TODAY





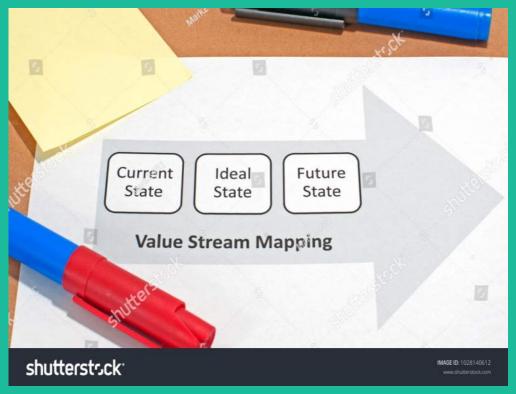
THINK.



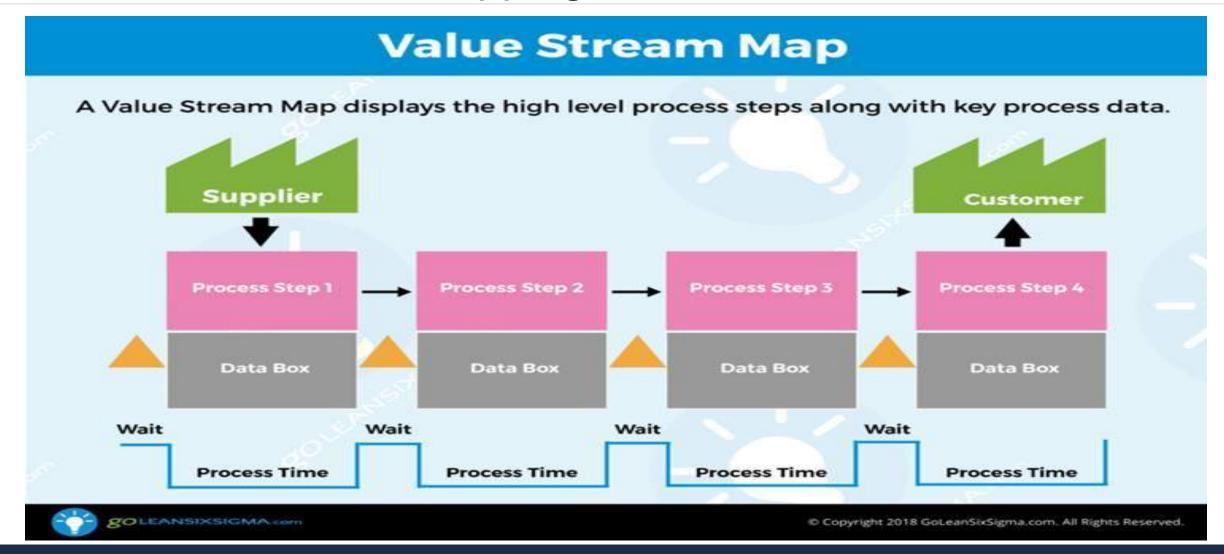
#### How: Value Stream Map

The purpose of value-stream mapping is to identify and remove or reduce "waste" in value streams, thereby increasing the efficiency of a given value stream.

Waste removal is intended to increase productivity by creating Leaner operations which in turn make waste and quality problems easier to identify.



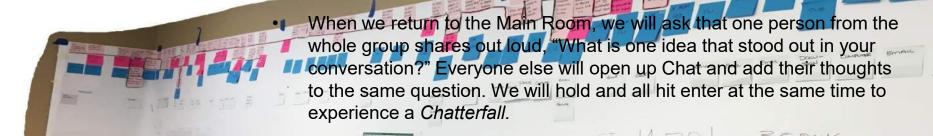
#### How: Value Stream Mapping



### How: Value Stream Mapping

#### **End Goals:**

- Design quality into the process.
- Establish Standards.



- Remove Waste.
- Minimize non-value added activity.
- Maximize value to internal and external customers.

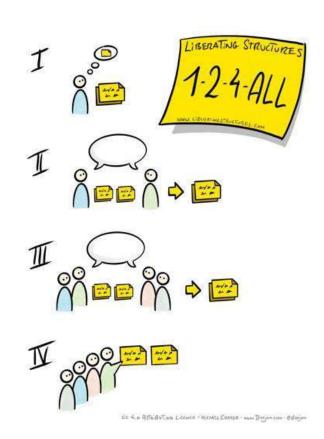
#### 1-3-ALL



Engage Everyone Simultaneously in Generating Questions, Ideas, and Suggestions

#### How is it done?

- We will move you into breakout rooms of 3 people. Make brief introductions. 1-2 min.
- Begin with silent self-reflection on the shared challenge (e.g., What opportunities do YOU see for making progress on this challenge? How would you handle this situation? What ideas or actions do you recommend?) 2-3 min.
- Generate ideas in your groups of 3 by building on ideas from self-reflection. Share and develop ideas by noticing similarities and differences. 5-7 min.
- When we return to the Main Room, we will ask that one person from the whole group shares out loud, "What is one idea that stood out in your conversation?" Everyone else will open up Chat and add their thoughts to the same question. We will hold and all hit enter at the same time to experience a Chatterfall.



### How can you apply this tomorrow?

How would you go about using VSM (Value Stream Mapping) to remove waste from your critical processes? Could you use VSM to create standard processes?

1-3-ALL

16:13:44 From Brian Winningham: >>>>>>>>>>> How would you go about using VSM (Value Stream Mapping) to remove waste from your critical processes? Could you use VSM to create standard processes?

16:26:08 From Matt Graetz: VSM helps visualize your process so you can see and reduce it.

16:26:15 From thomas johnson: couple of different ways-brainstorming with cross functional group and finding where the have the most pain, simply identifying a dysfunctional process and map it out

16:26:17 From \$Sean Moran: More folks are doing this than I thought. Just do it.

16:26:18 From Matt Snyder - RH White: VSM helps to identify the real steps being done by the workers doing the work that may be otherwise unknown sub-steps of the published process step and therefore be hidden "waste". VSM exposes those hidden wastes

16:26:21 From Woody Belangia: Removing the waste from the design and approval process for new projects.

16:26:28 From Matthew Forman: Applying critical thinking to our past experiences

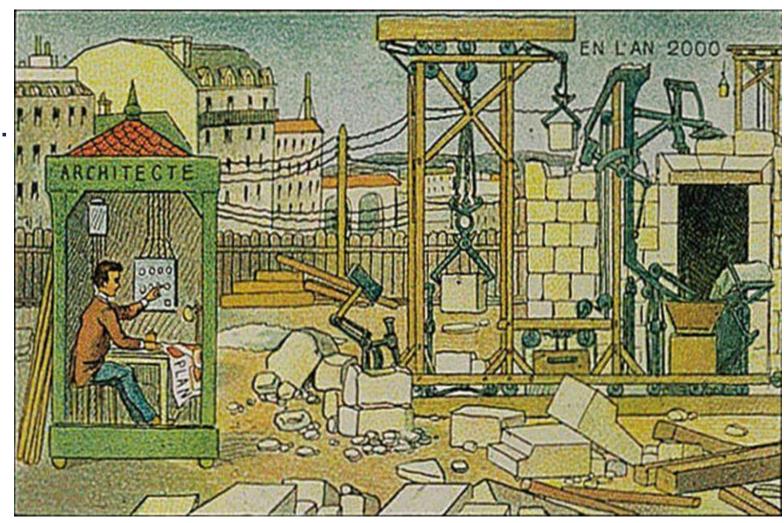
16:26:28 From Woody Belangia: Transitioning between mindlessness and mindfulness

16:26:33 From Woody Belangia: Transitioning between mindlessness and mindfulness

16:26:40 From Hunter Stofan: sometimes it is an education for folks to understand the whole process and this can break down silos and improve communication

#### How: Create the Future State

- No restrictions!
- Imagine what could be...
- Open yourself up to change.
- Is it or could it be possible?
- Instead of asking why? Ask why not?
- Map it!



45

#### **How: Current State**

### From this...



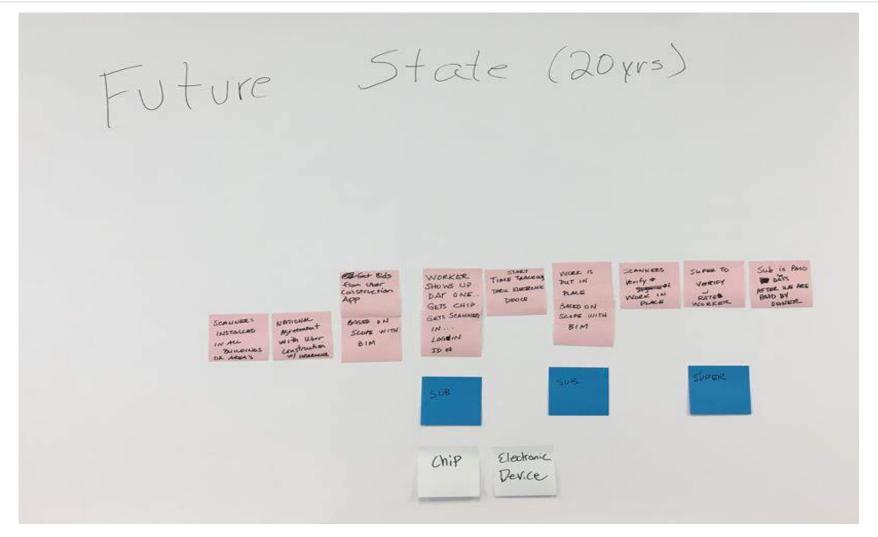


#### **How:** Future State



#### To this...





#### How: PDCA

#### **Testing and Measuring**

Plan-Do-Check-Act is an iterative four-step management method used in business for the control and continuous improvement of processes and products. It is also known as the Deming circle/cycle/wheel, the Shewhart cycle, the control circle/cycle, or plan-do-study-act (PDSA).



## How: Stop-the-Line (Andon)

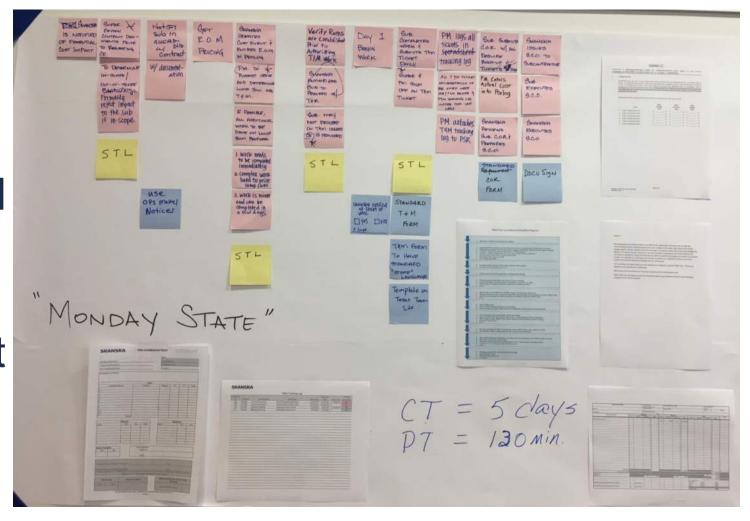
The process can't move forward until the *Stop* is cleared.

- Signatures needed
- Insurance Required
- Release required
- Company policy requirements
- Figure out where the risk lives in the process and surface it



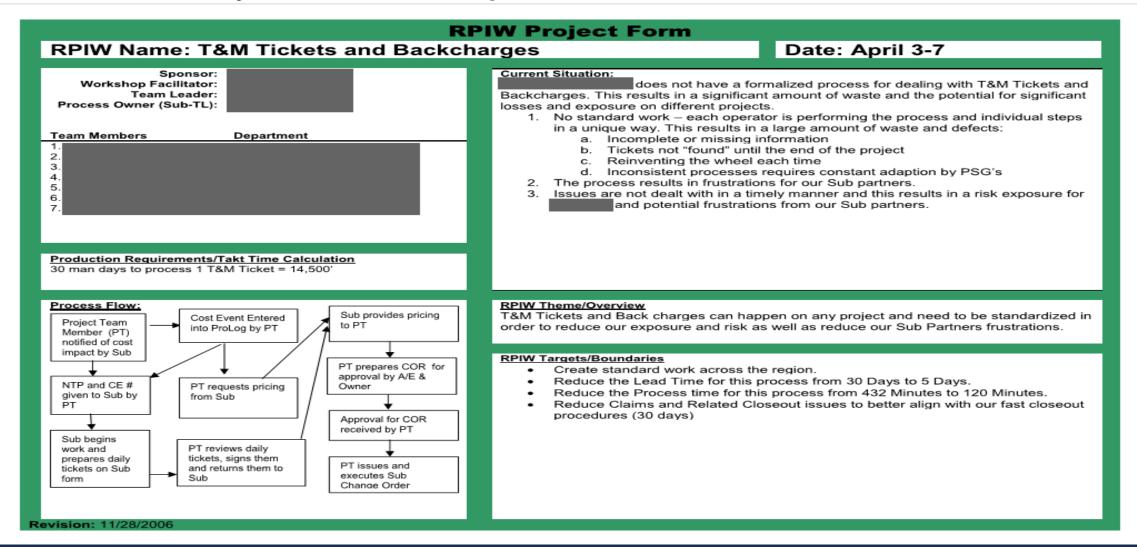
#### **How:** Monday State

- Create the "Monday State" process map with everything that can be accomplished now.
- Define stretch goals for 30/60/90 days out for additional improvements



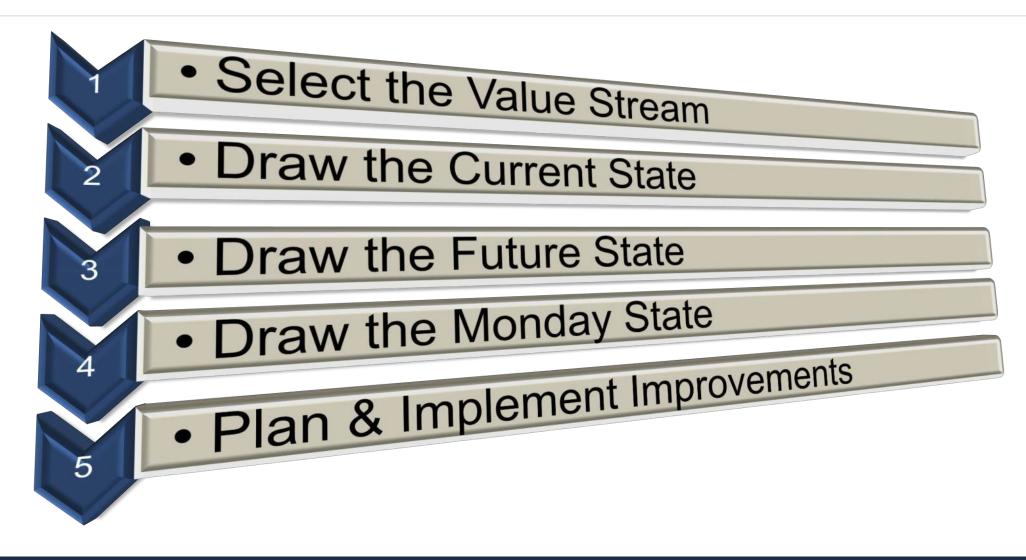


### How: Monday State – Project Form

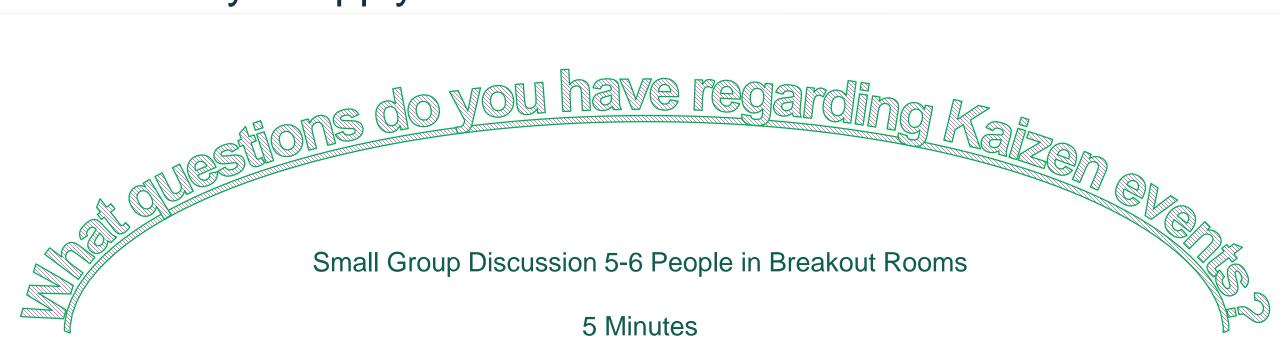


#### How: Kaizen Events Recap





## How can you apply this tomorrow?



Come back to Main Room and share Take-Aways in Zoom Chat.

16:37:08 From Brian Winningham: >>>>>>>>>>>> What questions do you have regarding Kaizen events?

16:54:24 From Matt Snyder - RH White: To what degree should Management be involved in the Kaizen (risk of workers not speaking freely if they're there, but risk of them not buying-in if they're not)

16:54:26 From Jake Snyder: how do you have a 3-5 day event and make the whole time productive? what does that agenda look like??

16:54:28 From Hunter Stofan: how can you initiate a kaizen from the middle / bottom up and really spark change in an organization?

16:54:43 From thomas johnson : could apply tmrw in our change mgmt. process

16:54:48 From Jeffrey Hardin: What are some tips on getting participants to commit to a 3-5 day event when they have other responsibilities?

16:54:50 From Matt Snyder - RH White: How do you get workers to see the value in taking time away from doing the work to improve the work, they'll just get further behind

16:55:10 From Matt Graetz: How do you deal with someone that is really resistant to change?

16:55:27 From Matt Snyder - RH White: How do you get workers to be comfortable being measured & observed and do "real" work rather than putting on a show for the observers

From Matt Snyder - RH White: To what degree should Management be involved in the Kaizen (risk of workers not speaking freely if they're there, but risk of them not buying-in if they're not)

This is a great question. Thanks, Matt. A Kaizen event is a very large expenditure of Company resources, so in the Kaizen events I have been involved with, there was always a Management sponsor. This person was responsible for making sure the Kaizen Team stays on True North per the Organizations goals as well as endorsing the outcome of the Kaizen – NO MATTER WHAT!! The Management person did not participate as a full-time Kaizen Team member but was there at key moments to assure direction and give copius amounts of praise.

From Jake Snyder: how do you have a 3-5 day event and make the whole time productive? what does that agenda look like??

Another great question, Jake. Thank you! It really depends on the issue you are trying to tackle. As Paul Akers points out in 2-Second Lean, 2 seconds of improvement every day over a good period of time can be life-changing. Not every problem is going to take a full Kaizen event to solve. For those larger issues that require more resources it may require 3-5 days depending on the Team and if they have practiced Kaizen before. There is a lot of Team building and learning during the week. The process also needs to be well understood if we intend to fix it. There are also several meetings leading up to the Kaizen event. At right is an agenda I used when facilitating a Kaizen event last year. The question to ask as an organization is "How much productivity are we losing with our current processes? How many good people and partners do we lose to bad processes? How many Customers? Can we afford to continue as we are?"

#### **Kaizen Event Agenda (Workshop Facilitator):**

- Monday AM
  - Executive Sponsor Statement
  - Lean Learning
- Monday PM
  - Lean Learning
  - Review VSM
- Tuesday AM
  - VSM Current State
- Tuesday PM
  - VSM Current State
  - VSM Future State
- Wednesday AM
  - Create Monday Plan
  - Monday Plan VSM
- Wednesday PM
  - Monday Plan VSM
  - Executive Sponsor Report out
- Thursday AM
  - o Finalize Monday Plan VSM
  - o Determine any "Future" work required
- Thursday PM
  - Monday Plan Testing
  - Executive Sponsor Report out
- Friday AM
  - Roll out Monday Plan/new Process to Company
  - Send email to all who aren't there detailing new Process

From Hunter Stofan: how can you initiate a kaizen from the middle / bottom up and really spark change in an organization?

Hunter, thank you for your question! This is a tough question to answer when you are referring to organizational change. Without knowing more details, it is hard to say how best to approach your specific situation. One thing that I do know that works is applying Kaizen in my individual work and in my personal life. Kaizen has changed my life in ways that I would have never thought possible both professionally and personally. A good place to start for me was Dr. Robert Mauer's book "One Small Step Can Change Your Life: The Kaizen Way".

Unfortunately, beneficial organizational change is hard and near impossible without everyone in the whole organization involved, engaged and headed generally in the same direction. If you would like to get any clarifications or just talk further, please don't hesitate to drop me a note at <a href="mailto:bmw@fielddrivenlean.com">bmw@fielddrivenlean.com</a>. Thanks for the question!

From thomas johnson: could apply tmrw in our change mgmt. process

Thanks for the comment Thomas! Please let me know if I can help.

From Jeffrey Hardin: What are some tips on getting participants to commit to a 3-5 day event when they have other responsibilities?

Thanks for the great question Jeffrey! As I stated to Matt in the response above, a Kaizen event is a huge expenditure and a huge commitment of company resources and talent. In that light, the need to change should be great. The Kaizen team needs to be excused from all their other work activities during the Kaizen event due to this great need.

As a facilitator of these events, I make sure participants have several large breaks throughout the day to take care of emails and phone calls. I also include several Team building activities to help gain commitment and engagement. I use <u>Liberating Structures</u> exercises very liberally throughout the week as well.

From Matt Snyder - RH White: How do you get workers to see the value in taking time away from doing the work to improve the work, they'll just get further behind

Thanks for another interesting question Matt. This goes back to your first question up above about Management's role in Kaizen. Management needs to make sure that the members of the Kaizen team are supported in such a way that they are not behind after improving the work for the benefit of all. Once organizations begin to understand that the power of Kaizen isn't in the changes but in the learning, then Kaizen becomes part of everyone's work all the time. Dynamic learning organizations have no trouble attracting top talent and keeping it. Workers understand the value in making a better product, management has to listen to those ideas and provide space for the workers to experiment and to fail... Until they succeed!

From Matt Graetz: How do you deal with someone that is really resistant to change?

Thank you, Matt! We first must be careful that we are "doing" Lean with them and not to them. I always ask why and what bad experiences they might have had with changes. Changes happen constantly on Construction sites, so I mostly don't buy it that they resist change so much as they aren't buying what I'm selling. So I PDCA and try something new until we can connect or at least end active hindrance. LOL Sometimes you have to either change the person or change the person. I don't know that there is ever one single right answer to this quandary. It's a question I get a lot. I even run into this person (resistant to change) a lot. Best of luck. Shoot me a note and I can point you to a couple of Liberating Structures that can help with this issue in group situations. bmw@fielddrivenlean.com

From Matt Snyder - RH White: How do you get workers to be comfortable being measured & observed and do "real" work rather than putting on a show for the observers

You are on fire Matt! I think this is a really important question. I don't think enough care and training go into teaching our people how to observe; how to see and understand what they are seeing. This goes from frontline foremen to Project Executives walking a project site. There are a couple of very basic things that can help:

- Talk to the workers and explain the goals for improvement.
- Ask questions about the process. Ask for their input on meeting the goals.
- Stop and measure often. Short repeatable iterations yield the most progress.
- Focus on flow! Make sure that is the focus of the workers as well.

### Kaizen: A Deeper Meaning

True and lasting Kaizen can only happen in conjunction with Lean Thinking

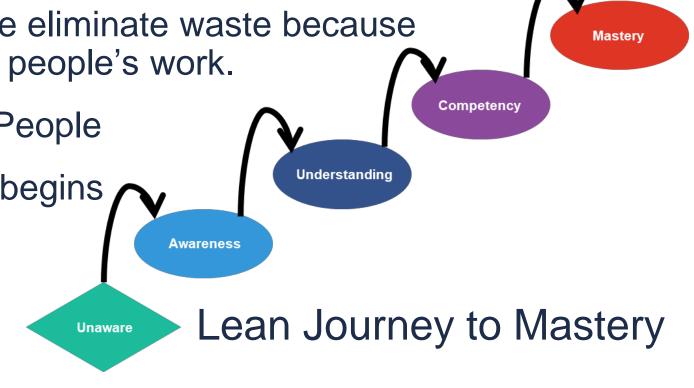
 Lean Thinking requires that we eliminate waste because waste removes meaning from people's work.

Lean Thinking is Respect for People

Co-Active Vicarious Learning begins

Must have a growth mindset

Systems Thinking



#### Kaizen: A Deeper Meaning

- Servant Leadership
- Outward Mindset
- Open to collaboration
- Embrace Diversity of Thought
- Kaizen seeks to:
  - Reduce Overburdening
  - Reduce Variation
  - Reduce Waste



### Kaizen: A Deeper Meaning

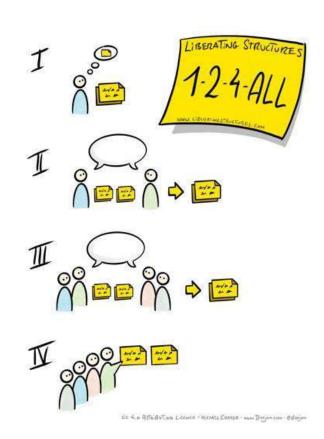
- Kaizen becomes a <u>learning</u>
   <u>process</u> not an
   improvement process
- Kaizen becomes a <u>people</u> <u>improvement system</u> not a process improvement system



Engage Everyone Simultaneously in Generating Questions, Ideas, and Suggestions

#### How is it done?

- We will move you into breakout rooms of 3 people. Make brief introductions, 1-2 min.
- Begin with silent self-reflection on the shared challenge (e.g., What opportunities do YOU see for making progress on this challenge? How would you handle this situation? What ideas or actions do you recommend?) 2-3 min.
- Generate ideas in your groups of 3 by building on ideas from self-reflection. Share and develop ideas by noticing similarities and differences, 5-7 min.
- When we return to the Main Room, we will ask that one person from the whole group shares out loud, "What is one idea that stood out in your conversation?" Everyone else will open up Chat and add their thoughts to the same question. We will hold and all hit enter at the same time to experience a Chatterfall.



## How can you apply this tomorrow?

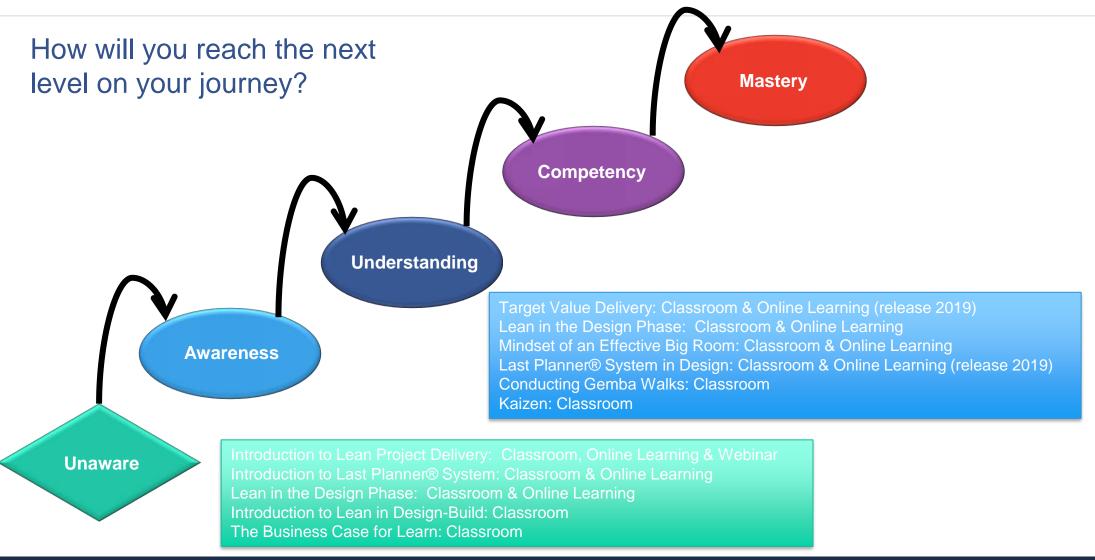
# How could you take Kaizen to the next level in your business and your life?

1-3-4/4

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17:00:08 From Brian Winningham: >>>>>>>>>> How could you take Kaizen to the next
level in your business and your life?
17:10:03 From Matt Snyder - RH White: Kaizen at home may be a great way to sharpen the tool set for
Kaizen at work
17:10:09 From thomas johnson: institutionalize the kaizen process within the organization
17:10:12 From Matt Graetz: more break outs
17:10:13 From Hunter Stofan: ask more questions and increase communication
17:10:25 From Jeffrey Hardin: I liked the structure that kaizen provides because I was previously trying to
solve problems or improve processes and this is a structured way to approach it.
17:10:31 From Timothy Boulis: Kaizen impacted out team to Ask better questions....sooner
17:10:58 From Kellie Ricker: I think my biggest thing at the moment that as we learn to ask better
questions at work and learn to work together more as a team....you can't help but to evaluate how you do
things in your life outside of work
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### Lean Journey to Mastery

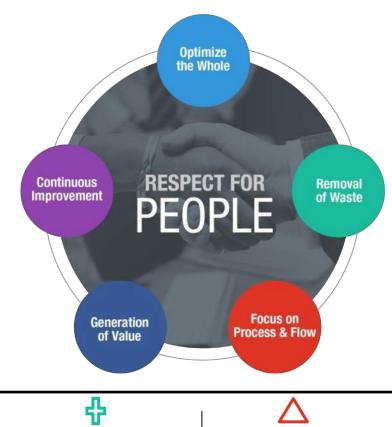


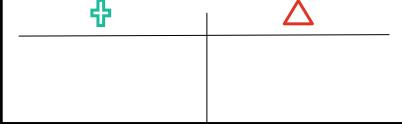


#### Plus/Delta









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#### Plus/Delta





Create a bigger, richer, and funner context for taking action & gaining insight

Based on my experience today, you should do

differently next time.
(Please include a *Delta* or – with your response in Chat.)





<b>-</b>	

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#### PLUS/DELTA

```
17:11:30 From Brian Winningham: >>>>>>>>>>>>>>> PLUS/DELTA
17:11:35 From Daniela Preciado: I really loved +the practical examples and videos
17:11:56 From thomas johnson: + breakout discussions
17:12:10 From Linsey Hunt: +video
17:12:12 From Jeffrey Hardin: + 1, 3, all format for sharing out
17:12:13 From Matt Snyder - RH White: PLUS - Diversity of breakout rooms to work with different folks each time
DELTA - First few breakouts were very quick and felt a bit like speed dating!
17:12:16 From Linsey Hunt: +breakout sessions
17:12:17 From Kellie Ricker: Plus: really liked the engagement achieved through conversation
17:12:31 From Daniela Preciado: Delta-Lhad troubles with the audio
17:12:35 From thomas johnson: - breakout sessions were a tad short induration
17:12:45 From Hunter Stofan: + video explanation of waste and how this applied to kaizen
17:13:07 From Timothy Boulis: + relatable examples are tremendous aids, the kitchen exercise hits the point very well
17:13:18 From Hunter Stofan: - breakout sessions where too short in some areas for detailed discussion
17:12:22 From $Sean Moran : https://www.surveymonkey.com/r/SLQ2S97
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In the spirit of continuous improvement, we would like to remind you to complete this session's survey in the Congress app! We look forward to receiving your feedback. Highest rated presenters will be recognized.

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Thank you for attending this presentation. Enjoy the rest of the 22<sup>nd</sup> Annual LCI Congress!







# This concludes The American Institute of Architects Continuing Education Systems Course

